

## **Home Baking Association**

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FOR IMMEDIATE RELEASE FEBRUARY 6, 2009

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## **FEBRUARY IS BAKE FOR FAMILY FUN MONTH**

### **Quilt Cake for Family Baking**

What could be better than the delicious aroma of baking in the kitchen? Families gathered in the kitchen, share laughter and chatter while stirring, mixing and waiting to taste their delicious results. Baking together creates special family memories that will last a lifetime and can be passed to future generations.

The Home Baking Association has designated February as “Bake for Family Fun Month” and encourages families to spend time together in the kitchen. Winter is the perfect time to warm-up the kitchen and bake together as a family.

Baking is an inexpensive family activity that provides delicious rewards. Charlene Patton, Home Baking Association, suggests families visit the Home Baking Association web-site that is filled with recipes and family baking activities.

Each week during February new recipes and baking activities will be posted at ([www.homebaking.org](http://www.homebaking.org)). The Home Baking Association provides baking hints and ideas to assist families when baking with children. Baking is for all ages as family traditions are shared and memories are created when children, parents and grandparents bake together.

The “Nine Patch Quilt White Cake” is a fun family baking activity that allows each family member to create and design their own special block on this nine-block quilt cake. The recipe begins by baking a 9x13-inch cake. Beginning bakers may use a mix. More experienced bakers

may want to discover a special recipe in a cookbook or make a treasured family recipe.

The Home Baking Association's mission is to grow the practice of home baking. Members include corporations and associations that provide resources and information to perpetuate future generations of home bakers.

Start the celebration today - create a family memory by making the "Nine Patch Quilt Cake". Visit [www.homebaking.org](http://www.homebaking.org). you will find more family baking activities for the "Nine Patch Quilt Cake" including a color pallet for making Rainbow Dust (colored sugar) and a Do-It-Yourself video to make this special cake.

### **Nine Patch Quilt White Cake**

White Cake:

1 cup sugar  
½ cup butter  
4 egg whites  
½ teaspoon vanilla  
2 cups cake flour  
2 teaspoons baking powder  
¼ teaspoon salt  
2/3 cup milk

In large mixing bowl, gradually add sugar to butter, mix until light and fluffy. Add unbeaten egg whites one at a time; mix well after each addition. Blend in vanilla. Sift or combine cake flour, baking powder and salt in separate bowl. Gradually add combined dry ingredients alternately with milk to sugar mixture. Pour batter in a greased 9x13-inch baking pan. Bake at 350 degrees for 35 to 40 minutes. Cool completely before decorating.

Vanilla Frosting

3 cups powdered sugar  
1/3 cup butter, softened  
1 ½ teaspoons vanilla flavoring  
2 tablespoons milk

Mix powdered sugar and butter. Stir in vanilla and milk. Beat until smooth and spreading consistency. Makes 1 1/8 cup frosting.

Frost the surface of the cooled cake with a thin layer of frosting. Divide remaining frosting and color for decorating, as desired. Divide the cake with piped frosting, licorice string or fruit leather into nine even squares. Create a Nine Patch Quilt pattern on the surface of the cake. Use frosting, food-colored sugar or coconut, candies, nuts and dried fruits to create patterns and decorate the squares of your own nine-patch quilt!

**Example: Simple Nine Patch Pattern**

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| <p><b>Dots or blank</b><br/><b>Three</b><br/><b>triangles</b><br/><b>Dots or blank</b></p> <p><b>Three</b><br/><b>Triangles</b><br/><b>Star</b><br/><b>Three</b><br/><b>Triangles</b></p> <p><b>Dots or blank</b><br/><b>Three</b><br/><b>Triangles</b><br/><b>Dots or blank</b></p> |  |  |
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