

Home Baking Association

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FOR IMMEDIATE RELEASE: December 2003

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FEBRUARY IS BAKE FOR FAMILY FUN MONTH

Aromas of fresh baked goodies coming from the oven bring smiles to families across the country. The Home Baking Association encourages families to spend time together in the kitchen baking during February *Bake for Family Fun Month*. It is an ideal time for families to explore baking together and enjoying the delicious mouthwatering results.

Baking is an inexpensive family activity and the Home Baking Association provides recipes and special family baking activities each week in February targeted to specific ages at www.homebaking.org. While baking, families can explore the science of baking, the history of ingredients and recipes or participate in baking activities. All ages will enjoy making and decorating the "Coloring Book Cookies". Or how about helping your child make their first loaf of bread with "Beginner's White Bread"? "Baking provides opportunities to practice skills of reading, organizing and measuring", said Charlene Patton, Home Baking Association.

Charlene Patton, Home Baking Association administrator, suggests families go to the Home Baking Association Website that is filled with ideas, activities, recipes, and resources for baking with your child (www.homebaking.org). New information will be posted weekly to encourage families to bake. A special certificate is also available to download from the Website to reward families for baking during *Bake for Family Fun Month*.

(more)

(CONTINUED: February is *Bake for Family Fun Month*)

Do you have a finicky eater in your home? “Twelve Reasons to Bake with your Children” is a resource on the Website that provides ideas for even the most finicky of eaters and parents with minimal baking skills. Other resource information available on the Website includes “Ten Tips for Baking Success with Kids,” “Food Safety Tips” and age appropriate activities and recipes for baking together.

The Home Baking Association mission is to grow the practice of home baking. Members include corporations, associations and individuals that want to promote home baking by providing resources and information to perpetuate future generations of home bakers. Additional resource information is available from member companies.